



**Curriculum and Program Packet 5775
Lubavitch Girls High School, Chicago**



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LGHS CONTACT INFORMATION

School Address 6350 N. Whipple St. Chicago IL 60659-1420
School Office 773-743-7716
School Fax 773-743-7735
School Email lghsoffice@gmail.com
School Website www.lghschicago.org

Lubavitch Chabad of Illinois 773-262-2770

For halachic sha'alos
Rabbi Boruch Hertz 773-743-5434

CURRICULUM AND PROGRAM PACKET

Welcome and welcome back to Lubavitch Girls High School. This booklet enables parents and prospective parents (and students!) to see an overview of the four-year *Chinuch al taharas Hakodesh*, provided at LGHS. Keep in mind that no brochure can take the place of a real-life experience, so if you are ever in the Chicago area, please call to arrange a tour.



OUR MISSION

We, at Lubavitch Girls High School, are committed to kindling the hearts and minds of our students with the Rebbe's message of personal and global *geulah*. Nurturing each student's academic, social, and developmental needs is central to our mission. We aim to help each student intensify her understanding of and commitment to *Torah* and *Chabad Chassidus* and develop a meaningful relationship with the *Aibershter* and a lasting *Hiskashrus* to the Rebbe. We encourage each student to develop herself both internally and with her actions into a *ner lihaier*, a true *chosid*.

In general this means encouraging each student to develop her mind, her middos and her actions, and to *daven* with *chayus* and behave with *derech eretz*.

Specifically this includes looking at the Rebbe's actions and emulating them; observing the Rebbe's *middos*, especially the *midda* of *ahavas yisroel*, and fostering such growth inside of herself; learning the Rebbe's teachings and making sure to apply their lessons and meanings to our lives; and fulfilling the Rebbe's *horaos*, specifically in the area of *mitvoim* and especially in the *mitza* of bringing an awareness of *Moshiach* to the world.

Students are also guided through a meaningful transition from childhood to young adulthood, prepared with knowledge and skills to one day establish their own *Chassidishe* homes.

We aim to communicate openly and directly with each student and parent.

The following pages detail how we implement our mission.

I. DEVELOPING A LASTING *HISKASHRUS* TO THE *REBBE*

1. Living Torah

Watching the JEM Living Torah DVD is a highlight of the student's week. Students are asked to fill out a card noting the thought or idea that they can take with them from the video. Nothing can take the place of seeing and hearing the *Rebbe*.

2. Shabbos Shiur

The girls learn a *sicha* for half an hour every *Shabbos, b'chevrusa*.

3. Motzei Shabbos Farbrengens

LGHS offers twice monthly motzei Shabbos *farbrengens*. The topics vary with the desires of the girls, while retaining a constant theme of the *avodah* of becoming a true *Chosid*.

4. Shluchim Farbreng

Visiting and local *Chassidim* and *Shluchim farbreng* with the students on various *Chassidische Yomim Tovim* throughout the year.

5. B'nos Chabad

LGHS is very proud of its active *Bnos Chabad* program. *Bnos Chabad* infuses *Chayus* into the school's atmosphere. *Bnos Chabad* arranges special intensive thematic study days on various topics (such as "*Shlichus*"); school-wide *Shabbaton, Lag B'omer* overnight, and much more.

6. Achos HaTemimin

Achos Hatimimim is a program that helps each girl develop her own potential by encouraging her grow in her own way in her *Yiddishkeit* and *Chassidishkeit*.

7. Mivtzoim

Each week, and for special *Chassidische Yomim Tovim*, the girls arrange *Mivtzoim*

8. Mechaneches

LGHS' *Mechaneches* program is designed to allow each student the opportunity to develop a relationship with an adult who can help them navigate the intricacies of high school. The *mechaneches* also arranges class *farbrengens* on a monthly basis. She makes sure to meet with every girl in the class individually.

9. Nesiah L'Rebbe

The students of LGHS travel to the Ohel and Crown Heights for an inspirational *Shabbaton* weekend with *farbrengens*.

10. Senior Class Chof Beis Shevat Convention

The Seniors attend the Annual Chof Beis Shevat trip to 770 and the Ohel. This convention also affords the students an opportunity to be inspired, to connect to girls their age from all over the world; to hear *Shluchos* from all over the world; and in general to strengthen their *hiskashrus*.

II. NURTURING EACH STUDENT'S SOCIAL NEEDS

The Rebbe has said that peers make the biggest impact on teens. LGHS understands the importance of fostering meaningful social activities between the girls. Shabbatons, special class activities, birthday parties, "big and little sister", and chavrusa learning, are just a few of the together - times girls share.

III. STUDENTS ARE GUIDED TOWARDS DEVELOPING SKILLS NEEDED FOR LIFE

1. Baruch Hashem our Chessed program has had much success. The students are assigned a specific Chessed area and is then instructed and coached on how to develop that skill. Students then apply what they learned throughout the year on Sunday mornings. Students do home care for families with special needs, and run Sunday school/activity programs for local Chabad houses.
2. Some girls on their own choose to help out at the local Chabad friendship circle, and Mesibas Shabbos programs.
3. Our electives program enables girls to reach proficiency in skill areas that may otherwise lie undeveloped. Options have included: ceramics, sewing, home economics, guitar, and graphic design.
4. Students go to Shul Shabbos mornings.
5. Every year LGHS puts on a production for women and girls. The project allows the girls to develop their drama, organizational, fundraising, technological, singing, sewing, dancing and painting abilities, and more. The production also fosters cross class friendships and activities.

IV. NURTURING EACH STUDENT'S ACADEMIC NEEDS

1. The core of a school is its academics; below is a detailed curriculum for grades 9-12. An "at-a-glance summary chart" of all four years appears at the end.
2. In addition to the formal class time studies, LGHS requires independent study. This includes weekly Hayom Yom learning. There is also a yearly topic that is studied independently by the girls with weekly questions. In addition, certain Chassidic readings are required each trimester. In addition, each complete week that a girl learns Chitas or Sefer HaMitzvos, she earns extra points towards her independent study grade.
3. 11th and 12th graders take cumulative tests in certain subjects based on all 4 years of study called "gemers".

V. CURRICULUM

9th Grade:

Nigleh

<i>Course</i>	<i>Instructor</i>	<i>Description</i>
Chumash 5 Periods	Mrs. M. Sharf/Mrs. Sara Notik	<i>Chumash Beraishis</i> The goals for 9 th grade are: To develop fluency in reading, translating the Chumash and Rashi. To be able to understand and recall Rashi's questions, answers, corroboration. To orally study selected commentaries on Rashi. Introduction to learning commentaries on pesukim with the text. (Kli Yakar, etc.) Analyze the material to deduce proper character traits. Chapters 15, 22, 27, 29, 37 are learned.
Halacha 3 Periods	Rabbi A. Kagan	<i>Laws of Birchos Hanehenin</i> This course covers laws of "brochos rishonos", "brochos achronos", brochos on sights, aromas, sounds. Laws of hand washing, and interruptions during davening are included depending on the class level.
Navi 3 Periods	Mrs. H. Silberberg/Mrs. Clara Chaya Epstein	<i>Yirmiyahu and Megilas Esther</i> Emphasis on reading, thinking and analytical skills for deciphering the prophets. Parts of Chapters 1, 2, 9, 27, 28, and 31 are learned. The Book of Esther is covered.

Chassidus

Tanya 3 periods	Mrs. Sara Wineberg	Discusses the fundamental principles of Chassidus, G-d's connection to the Jews, and our purpose here on earth. The introduction and chapters 1-9 are studied.
Inyanei Moshiach U'Geulah 2 periods	Mrs. R. Raices	The topics studied are explained through Chassidus and Nigleh. Topics covered included: Galus, The signs of Geulah, The avoda necessary to bring Geulah in the world and in man, Chapters 11 and 12 of the Rambam's Hilchos Malachim, Geulah - what the world will be like.
Likutei Sichos 3 periods	<u>Level One</u> Miss S. Epstein <u>Level Two</u> Mrs. Dina Walters <u>Level Three</u> Miss M. Notik <u>Level Four</u> Mrs. S. Wineberg	<i>Taught in 4 levels: 9th and 10th & 11th combined</i> <u>Levels One & Two</u> Selected sichos from Volume Aleph through Daled of Likutei Sichos will be studied in the original. These are foundational sichos from the beginning of the Rebbe's nesius. <u>Level three:</u> An emphasis on Rashi Sichos.
Toldos Chabad 2 periods	Miss S. Epstein	An overview of the origins of Chabad based on Memoirs, and the Chabad dynasty beginning with the Ba'al Shemtov continuing until the Frierdiker Rebbe.
Parsha 1 period	Mrs. Chaya Epstein	An overview of the week's Parsha.
Inyanim B'Yahadus 1 period	Mrs. M. Sharf	This is a class in the hashkafa and halacha of Kevuda Bas Melech.
Rebbe DVD		A weekly viewing of a sicha from the Rebbe.

9th Grade:

General Studies

Course	Instructor	Description
English 3 Periods	Mrs. R. Eichenstein	Reading Comprehension development, public speaking, research skills.
Math 3 Periods	A-Mrs. R. Altschul B- Miss L. Gold	Algebra I: Among the topics taught are linear equations and functions, inequalities, data analysis, exponents and functions, quadratic functions, polynomials, and functioning.
General Science 3 Periods	A-Mrs. Jodi Sohl B- Miss Tzippy Roth	Comprehensive introduction to scientific vocabulary, concepts, and information about various sciences and their disciplines. The four major areas of study are: Biology, Chemistry, Physics and Earth Science.
Second Language 2 Periods	Mrs. T. Kaufman/ Miss C. Borenstein	Hebrew Language: Ivrit's goals are acquiring fluency in reading comprehension, (especially in Tanach and commentaries) pronunciation, parts of speech and oral comprehension. A heavy emphasis is placed on Dikduk.
History 2 Periods	Mrs. R. Herschkovich	World History: Classical: Greece and Rome, The Roman Empire/Ottoman Empire, colonialism, Imperialism, Socialism, communism, WWI, WWII, global economy, Cold War, Gulf War, Global War on Terrorism.
Computers 1 Periods	Miss Tzippy Roth	Word skills and keyboarding mastery

Electives 2 Periods		Each girl chooses one of the following classes: <ol style="list-style-type: none"> 1. Sewing- Mrs. E. Kurtz 2. Art-Mrs. Sharonne Goodman 3. Ceramics- Miss S. Brenner 4. Movement-TBA 5. Graphic Design-TBA 6. Music-TBA
Physical Education 1 Period	Mrs. H. Baylis	Student use their muscles, exercise and individual strength building.

10th Grade:

Nigleh

Course	Instructor	Description
Chumash 5 Periods	Level Two Miss M. Notik Level Three Miss S. Epstein Level Four Mrs. H. Silberberg	Chumash Shemos (or Bamidbar or Devarim, alternating years, see 11 th and 12 th grade descriptions) Taught in Levels* Level Three goals Maintaining fluency of text and Rashi and commentaries on Chumash. Developing competency on learning commentaries on Rashi inside the text. Prepare, compare and contrast new commentaries independently. Analyze material learned to deduce proper character traits. Topics covered on Book of Shemos: Moshe Rabbainu, Prophecy at the Burning Bush, Splitting of the Sea, Az Yashir, Selections from Mishpatin, Sin of the Golden Calf, The Building of the Mishkan.
Halacha 3 Periods	Rabbi A. Kagan	Laws of Shabbos (or Kashrus alternating years) See 11 th grade description This course covers the details of Shabbos preparations, Kiddush, and Havdalah, all the obligatory mitzvos of Shabbos and the 39 malachos of Shabbos.
Navi 3 Periods	Mrs. M. Scharf	Yishayahu (Or Trei Asar, Mishlei, Megilah Rus alternating years) Chapters 1-4, 6, 11, 12, 16-26, 40, and 50
Toldos Ameinu 2 Periods	Mrs. K. Pinkus	Time periods covered: Second Temple Era through the Geonim.

Chassidus

Tanya 3 periods	Rabbi B. Epstein	Discusses the fundamental principles of Chassidic thought, G-d's connection to the Jews, and their purpose here on earth. Chapters 10-17 are studied.
Inyanei Moshiach U'Geulah 2 periods	Mrs. Sara Notik	The sources for Moshiach in the written Torah.
Likutei Sichos 3 periods	<u>Level One</u> Miss S. Epstein <u>Level Two</u> Mrs. Dina Walters <u>Level Three</u> Miss M. Notik <u>Level Four</u> Mrs. S. Wineberg	Taught in 3 levels: 9 th and 10 th & 11 th combined <u>Levels One & Two</u> Selected sichos from Volume Aleph through Daled of Likutei Sichos will be studied in the original. These are foundational sichos from the beginning of the Rebbe's nesius. <u>Level three:</u> An emphasis on Rashi Sichos.
Toldos Chabad 2 period	Miss S. Epstein	An overview of the origins of Chabad based on Memoirs, and the Chabad dynasty beginning with the Ba'al Shemtov continuing until the Frieddiker Rebbe.
Rebbe DVD		A weekly viewing of a sicha from the Rebbe.

10th Grade:

General Studies

<i>Course</i>	<i>Instructor</i>	<i>Description</i>
English 3 Periods	Mrs. D. Elkaim	Public speaking skills, continued research skills, essay, research paper, American literature
Math 3 Periods	A- Mrs. R. Altschul B- Miss L. Gold	Geometry Building and integrating algebraic equations and logic with geometric functions.
Science 3 Periods	Mrs. D. Romanoff	Biology Study of the fundamental characteristics and functions of living things. Plant, animal life, cells, human anatomy, genetics, cell division and nutrition are the topics covered.
History 2 Periods	Mrs R. Hershkovich	US History Defining democracy, westward expansion, Civil war era, reconstruction, industrialization, immigration, expansion, Vietman, Watergate, Cold War, Twin Towers, and Constitution.
Second Language 2 Periods	Mrs. T. Kaufman/Miss C. Borenstein	Hebrew Language: Ivrit's goals are acquiring fluency in reading comprehension, (especially in Tanach and commentaries) pronunciation, parts of speech and oral comprehension. A heavy emphasis is placed on Dikduk.
Computer 1 Periods	Miss Tzippy Roth	Review and practical use of word and excel programs

Electives 2 Periods		Each girl chooses one of the following classes: <ol style="list-style-type: none"> 1. Sewing- Mrs. E. Kurtz 2. Art-Mrs. Sharonne Goodman 3. Ceramics- Miss S. Brenner 4. Movement-TBA 5. Graphic Design-TBA 6. Music-TBA
Physical Education 1 Period	Mrs. H. Baylis	Student use their muscles, exercise and individual strength building.

11th Grade:
Nigleh

<i>Course</i>	<i>Instructor</i>	<i>Description</i>
Chumash 5 Periods	Level Two Miss M. Notik Level Three Miss S. Epstein Level Four Mrs. H. Silberberg Level Five Mrs. C. Epstein	Chumash Bamidbar (<i>Shemos or Devorim, alternating years, see 10th and 12th grade description</i>) <i>Taught in Levels* Level Four goals</i> Maintaining fluency of text and Rashi. Developing competence with learning commentaries inside the text. Introduction to learning commentaries on Rashi inside the text. Analyze the material to deduce proper character traits. Chapters studied in Bamidbar: Sending of the Spies, Korach and Balak, Mei Meriva, Para Aduma and selected mitzvos.
Halacha 3 Periods	Rabbi A. Kagan	Laws of Kashrus (<i>or Shabbos alternating years</i>) see 10 th grade description This course covers laws of meat and milk, insects, Challah, bishil yisroel, bishul ackum, Cholov Yisroel, Cholov achum.
Navi 3 Periods	Mrs. M. Scharf	Trei Asar, Mishlei, Megilah Rus (<i>or Yishayahu alternating years</i>) Emphasis on reading, thinking and analytical skills for deciphering the prophets. The course covers parts of Trei Asar and Yonah, Nachum, and parts of Micha, themes in Mishlei.
Toldos Ameinu 2 Periods	Mrs. K. Pinkus	Time periods covered: From the Geonim through the Rishonim.

Chassidus

Tanya 3 periods	Mrs. S. Wineberg	Discusses the fundamental principles of Chassidic thought, G-d's connection to the Jews, and their purpose here on earth. Chapters 18-25 are studied.
Inyanei Moshiach U'Geulah 2 period	Rabbi Pole	The topics studied are explained through Chassidus and Nigleh. Topics covered include: Techias Hamaisim, Olam Habah, Women and Geulah.
Likutei Sichos 3 periods	<u>Level One</u> Miss S. Epstein <u>Level Two</u> Mrs. Dina Walters <u>Level Three</u> Miss M. Notik <u>Level Four</u> Mrs. S. Wineberg	<i>Taught in 3 levels: 9th and 10th & 11th combined</i> <u>Levels One & Two</u> Selected sichos from Volume Aleph through Daled of Likutei Sichos will be studied in the original. These are foundational sichos from the beginning of the Rebbe's nesius. <u>Level three:</u> An emphasis on Rashi Sichos.
Ma'amar 2 periods	Miss M. Notik	Chassidic discourses are highly challenging both intellectually and spiritually. Atah Tetzvah from the Rebbe, Basi L'gani Tof Shin Yud of Friederker Rebbe 1-10, Basi L'gani of the Rebbe Tof Shin Yud Aleph, and Heicholtzu selections Aleph - Yud Ches from the Rebbe Rashab will be studied.
Tefilah 2 periods	Mrs. C. Epstein	This is a weekly class that is geared to addressing the topic of Tefillah.
Inyanim B'Yahadus	Mrs. Clara Chaya Epstein	The ideas of Kol kevudah bas melech penima will be discussed.
Rebbe DVD		A weekly viewing of a sicha from the Rebbe.

**11th Grade
Studies**

Course	Instructor	Description
English 3 Periods	Mrs. D. Elkaim	Public speaking/presentation, exploration of various genres in literature. Complex sentence elements, clauses, expository writing, revising, and publishing, British literature.
Math 3 Periods	A- Mrs. C. Goldwater B- Mrs. L. Gold	<i>Algebra II and Trigonometry</i> Taught in levels of 11 th and 12 th combined. Continuation of Algebraic expressions and equations. Trigonometry will study the relationships between angles and sides of a triangle through trigonometric functions and identities. ACT preparation
Science 3 Periods	A- Mrs. D. Romanoff B- Miss Tzipora Roth	<i>Chemistry and Environmental Science (or Physics alternating years)</i> Develop an understanding that properties of matter are a consequence of their structure. Matter, atomic structures and periodic table are included.
Second Language 2 Periods	Mrs. T. Kaufman/Miss C. Borenstein	<i>Hebrew Language:</i> Ivrit's goals are acquiring fluency in reading comprehension, (especially in Tanach and commentaries) pronunciation, parts of speech and oral comprehension. A heavy emphasis is placed on Dikduk.
Computers 1 Period	Miss Tzippy Roth	Advanced excel and power point presentations
Electives 2 Periods		Each girl chooses one of the following classes: <ol style="list-style-type: none"> 1. Sewing- Mrs. E. Kurtz 2. Art- Mrs. Sharonne Goodman 3. Ceramics- Miss S. Brenner 4. Movement- TBA 5. Graphic Design- TBA 6. Music- TBA
Physical Education 1 Period	Mrs. H. Bayis	Student use their muscles, exercise and individual strength building.

12th grade

Nigleh

Course	Instructor	Description
Chumash 5 Periods	Level Three Miss S. Epstein Level Four Mrs. H. Silberberg Level Five Mrs. C. Epstein	Chumash Devarim (or <i>Shemos</i> , or <i>Bamidbar</i> , alternating years, see 10 th and 11 th grade description) Taught in Levels*. Level Five goals Maintaining competency in text, Rashi, and commentaries on text and Rashi. This level will be working independently on standard commentaries, and be introduced to more difficult commentaries as well. Analyze material learned to deduce proper character traits. Topics learned in Devarim: Introduction to Devarim, Shema 1 st and 2 nd paragraphs, 10 commandments, idol worship, false prophet, maisis, ir nidachas, courts, Haazinu, selected mitzvos.
Halacha 2 Periods	Mrs. C. Hertz	Advanced Laws of Shabbos This course covers the laws of cooking on Shabbos and muktzah.
Kesuvim 2 Periods	Mrs. H. Silberberg	Tehillim Analyze a variety of Chapters of Tehillim. This course develops fluency of Hebrew text and encourages the girls to apply the lessons to their lives.
Torah Sh'baal Peh 1 Periods	Rabbi B. Epstein	Gemarah The main topic covered is Tefilah with emphasis placed on the skills needed to learn a piece of Gemarah, and how to extrapolate the Halacha from the gemarah.
Toldos Ameinu 2 Periods	Mrs. R. Hershkovich	The period covered is from the early Acharonim through modern times.

Chassidus

Tanya 3 periods	Rabbi A. Kagan	Discusses the fundamental principles of Chassidus, G-d's connection to the Jews, and their purpose here on earth. Chapters 26-32 are studied.
Inyanei Moshiach U'Geulah 2 periods	Rabbi Pole	The topics studied are explained through Nigleh and Chassidus. Topics covered include: The seudah with Livyasan, Shor Habor, Yayin Hamishumar, Teshuva and Redemption, the Redemption in Tishrei or Nissan?, Coming of Moshiach B'Itah and Achishenah, etc.
Ma'amar 3 periods	Mrs. S. Wineberg	Chassidic discourses are highly challenging both intellectually and spiritually. The Hosafa of Achron Shel Pesach, both from the Rebbe: selections from Kutreisim of the Freidieker Rebbe, and Adam Ki Yakriv from the Alter Rebbe, will be studied.
Hoisha B'or Hachassidus 2 periods	Mrs. C. Epstein	Taught from sichos of the Rebbe to women and girls, this class will explore the unique strengths, roles, and responsibilities of the Jewish women. This class includes discussion format for material learned. Topics include a woman's attributes, tznius, Hafatzos Hamayanos, 7 prophetesses, Chabad Rebbetzins.
Inyanim B'Yahadus 2 period	Rabbi B. Epstein	This is a weekly class that is geared to addressing certain topics according to the Rebbe's shita.
Rebbe DVD		A weekly viewing of a sicha from the Rebbe.

12th grade:

General Studies

Course	Instructor	Description
English 3 Periods	Mrs. T. Campbell	Public speaking, extended research paper, advanced literary concepts
Math 3 Periods	A -Mrs. C. Goldwater B -Mrs. L. Gold	<i>Algebra II and Trigonometry</i> Taught in levels of 11 th and 12 th combined. Continuation of Algebraic expressions and equations. Trigonometry will study the relationships between angles and sides of a triangle through trigonometric functions and identities.
Science 3 Periods	Mrs. D. Romanoff	<i>Physics (or Chemistry alternating years)</i> Students develop an understanding of basic mechanical structures and continue on to the intricacies of the workings of the 21 st century.
Second Language 2 Periods	Mrs. T. Kaufman/Miss C. Borenstein	<i>Hebrew Language:</i> Ivrit's goals are acquiring fluency in reading comprehension, (especially in Tanach and commentaries) pronunciation, parts of speech and oral comprehension. A heavy emphasis is placed on Dikduk.

Electives 2 Periods		Each girl chooses one of the following classes: <ol style="list-style-type: none"> 1. Sewing- Mrs. E. Kurtz 2. Art-Mrs. Sharonne Goodman 3. Ceramics- Miss S. Brenner 4. Movement-TBA 5. Graphic Design-TBA 6. Music-TBA
Physical Education 1 Period	Mrs. H. Baylis	Student use their muscles, exercise and individual strength building.

5775-Four Years at a glance:

<i>Nigleh</i>	9 th	10 th	11 th	12 th
Chumash	5	5	5	5
Halacha	3	3	3	2
Navi/Kesuvim	3	3	2	2
Toldos Amenu	---	2	2	2
Gemara	---	---	---	1
Nigleh Total:	11 hours <i>or</i> 28%	13 hours <i>or</i> 33%	12 hours <i>or</i> 30%	12 hours <i>or</i> 31%

<i>Chassidus</i>	9 th	10 th	11 th	12 th
Tanya	3	3	3	3
Moshiach	2	2	2	2
Sichos	3	3	3	--
Toldos Chabad	2	2	---	---
Maamer	---	---	2	3
Haisha	---	---	---	2
Parsha	1	---	---	---
Rebbe DVD				
Tefillah	---	---	2	----
Inyanim B'Yahadus	1 (Chassidus)	---	1 (Bas Melech)	2 (Da Ma L'hashiv)
Chassidus Total:	12 hours <i>or</i> 30%	10 hours <i>or</i> 24%	13 hours <i>or</i> 33%	12 hours <i>or</i> 31%

<i>General Studies</i>	9 th	10 th	11 th	12 th
English	3	3	3	3
Math	3	3	3	3
Science	3	3	3	3
Ivrit	2	2	2	2
History	2	2	---	---
Computers	1	1	1	---
General Total:	14 hours <i>or</i> 35%	14 hours <i>or</i> 35%	12 hours <i>or</i> 30%	11 hours <i>or</i> 28%

<i>All</i>	9 th	10 th	11 th	12 th
Electives	2	2	2	2
Gym	1	1	1	1
Senior Period	---	---	---	1
Total:	3 hours <i>or</i> 7%	3 hours <i>or</i> 7%	3 hours <i>or</i> 7%	4 hours <i>or</i> 10%

<i>Total All:</i>	40 hours	40 hours	40 hours	39 hours
<i>Classes a week</i>				